

SANDWICHES

Served with Cole Slaw and Pickle

SERVED WITH FRENCH FRIES FOR 3.59 EXTRA
GLUTEN FREE BREAD AVAILABLE 2.00 EXTRA

CHEESE SANDWICHES

GRILLED AMERICAN CHEESE.....	6.29
with TOMATO .79 Extra	
with MOZZARELLA, PEPPER JACK, SWISS or CHEDDAR CHEESE 1.40 Extra	
with BACON or HAM 1.79 Extra	
with CANADIAN BACON 2.99 Extra	

FISH SANDWICHES

TUNAFISH SALAD.....	8.99
DICED SHRIMP SALAD.....	12.99
TUNAFISH (Ind.) with Lettuce & Tomato.....	9.99
SALMON (Ind.) with Lettuce & Tomato.....	9.99
SARDINES (Imported) Boneless & Skinless.....	9.99
with Lettuce & Tomato	

FRIED TILAPIA SANDWICH.....	14.99
with Lettuce & Tomato on Kaiser Roll, Served with French Fries	

MEAT SANDWICHES

AVOCADO BLT - BACON, LETTUCE, TOMATO & AVOCADO ..	10.99
BACON, LETTUCE and TOMATO.....	7.49
EGG SALAD B.L.T.	8.59
CHICKEN SALAD.....	8.59
MEATLOAF on a Roll.....	7.99
FRANKFURTER on a Bun.....	4.99

PULLED PORK SANDWICH 13.59

Slow Roasted Pork, BBQ Sauce and Cheddar Cheese
on a Toasted Roll, Topped with Southern Slaw,
Served with French Fries

BARBECUED MEATLOAF MELT 11.99

on a Toasted Roll with Cheddar Cheese,
Fried Onions and BBQ Sauce, Served with French Fries

SANDWICH EXTRAS

On Bagel, Roll, English Muffin or Pita Bread .79 Extra
Tomato .79 Extra American Cheese 1.00 Extra
Swiss, Cheddar, Pepper Jack or Mozzarella 1.40 Extra
Avocado M/P Extra

CARVING BOARD

Served with Cole Slaw and Pickle
Your Choice ~ 9.99

- BAKED VIRGINIA STYLE HAM •
- ROAST SIRLOIN of BEEF • ROAST FRESH HAM •
- ROAST VERMONT TURKEY (White Meat) •
- PASTRAMI • CORNED BEEF • 12.99

NAUTILUS MELTS

Served on a Toasted English Muffin, Topped with
Melted American Cheese, Served with Potato Salad

Chicken Salad Melt 11.99	Tuna Salad Melt 12.99
Shrimp Salad Melt 14.99	

WRAPS

Served with French Fries, Pickle and Cole Slaw
\$1.99 Extra for Waffle Fries or Sweet Potato Fries
Instead of French Fries

1. CRANBERRY WALNUT CHICKEN SALAD WRAP . 13.99
 with Sweet Potato Fries
2. TUNA SALAD WRAP with Lettuce & Tomato . . . 13.99
3. AVOCADO TURKEY B.L.T. WRAP 13.99
4. AVOCADO SHRIMP SALAD WRAP 15.99
 with Lettuce and Tomato
5. CAESAR GRILLED CHICKEN WRAP 13.99
6. GREEK SALAD WRAP with GRILLED CHICKEN . . 13.99
7. GREEK SALAD WRAP with GYRO MEAT 13.99
8. GRILLED CHICKEN B.L.T. WRAP 13.99
9. GRILLED CHICKEN SICILIANO WRAP 13.99
 with Melted Mozzarella and Roasted Peppers
10. TEXAS WRAP 14.99
 Sliced Steak, Sauteed Onions, Peppers,
 Cheddar Cheese, Sour Cream and Salsa
11. BUFFALO CHICKEN WRAP with Romaine Lettuce 13.99
12. AVOCADO & GRILLED CHICKEN WRAP 14.99
 with Lettuce and Tomato
13. THANKSGIVING WRAP 13.99
 Turkey, Stuffing & Cranberries, Served with
 Gravy on the Side & Sweet Potato Fries
- NEW** 14. GRILLED SANTA FE WRAP 13.99
 Grilled Chicken, Pico de Gallo, Romaine Lettuce,
 Monterey Jack Cheddar, Avocado, & Chipotle Mayo
- NEW** 15. GRILLED SALMON WRAP 18.99
 Fresh Baby Spinach & Tomatoes, Balsamic
 Vinaigrette Dressing
- NEW** 16. TERIYAKI GRILLED CHICKEN WRAP 13.99
 Grilled Chicken, Teriyaki, & Mixed Greens

FRANKFURTER PLATTERS

Two Beef Frankfurters, on Buns, with French Fries, Cole Slaw & Pickle	Two Beef Frankfurters, Served with Baked Beans & Soup or Salad
10.99	12.99

OPEN FACED REUBEN SANDWICH

YOUR CHOICE ...13.99

- Served with Melted Swiss Cheese and
Sauerkraut on Rye Bread with Potato Salad
- GRILLED PASTRAMI, TURKEY or CORNED BEEF •

DELUXE HEROES

On Italian Bread with French Fries, Cole Slaw & Pickle

\$1.99 Extra for Waffle Fries or Sweet Potato Fries
on Deluxe Platters Instead of French Fries

EGGPLANT PARMIGIANA	12.99
NEW ITALIAN SAUSAGE & PEPPERS	12.99
MEATBALL PARMIGIANA	11.99
Grilled ROAST BEEF and MOZZARELLA	13.99
Grilled PASTRAMI and SWISS CHEESE	13.99
PHILLY CHEESE STEAK with FRIED ONIONS and AMERICAN CHEESE	13.99
NEW Sliced STEAK, MUSHROOMS, ONIONS, MONTEREY JACK and CHEDDAR CHEESE	13.99
NEW Grilled CHICKEN, PEPPERS, ONION, and CHEDDAR CHEESE	13.99
CHICKEN PARMIGIANA	13.99

TRIPLE DECKERS

Served with Lettuce, Tomato, Cole Slaw,
Pickle and French Fries or Potato Salad

1. SLICED TURKEY, WHITE MEAT and BACON 13.99
2. TUNAFISH SALAD and SLICED EGG 13.99
3. CHICKEN SALAD and BACON 13.99
4. BOILED HAM and AMERICAN CHEESE 13.99
5. ROAST BEEF and AMERICAN CHEESE 13.99
6. B.L.T. CLUB 13.99
7. CALIFORNIA CLUB 14.99
 Grilled Chicken, Avocado, Bacon,
 Lettuce & Tomato on Multi-Grain Toast

QUESADILLAS

Floured Tortilla Grilled & Stuffed with a Blend of Shredded Monterey Jack, Cheddar Cheese, Guacamole, Sour Cream and Salsa 10.99
with Spinach 11.99 with Mushroom 11.99
with Chicken 12.99 with Steak 13.99
with Buffalo Chicken 12.99

NEW PULLED PORK QUESADILLA 12.99

SALADS

BEET SALAD	12.99
Fresh Roasted Beets with Arugala, Baby Greens, Kidney Beans, Red Onions, Feta & Cherry Tomatoes	
NAUTILUS WEDGE SALAD	12.99
Iceberg Wedge with Bleu Cheese Crumbles, Red Onions, Tomato, Bacon & Cucumbers with Bleu Cheese Dressing	
COBB SALAD	14.99
Romaine Lettuce, Tomato, Cucumber, Gorgonzola Cheese, Avocado, Bacon, Grilled Chicken & a Hard Boiled Egg	
CHEF'S SALAD	14.99
Julienne of Turkey, Roast Beef, Ham, Swiss & American Cheese with Sliced Tomato, Hard Boiled Egg & Cucumber on Iceberg Lettuce	
BABY SPINACH SALAD BOWL	12.99
Bacon, Sliced Mushrooms, Sliced Egg, Tomato, Cucumber & Croutons	
CHICKEN BREAST GARDEN SALAD	14.99
Grilled Chicken Breast with Scallions, Peppers, Cucumbers, Radishes, Tomato, Lettuce & Carrots	
GRILLED CHICKEN ITALIAN SALAD	14.99
Mixed Greens, Fresh Mozzarella, Roasted Pepper, Tomato, Chick Peas, Cucumber & Grilled Chicken Breast	
CRANBERRY WALNUT SALAD	12.99
Mixed Greens, Tomato, Cucumber, Cranberries, Walnuts & Gorgonzola Cheese	
BUFFALO CHICKEN SALAD	14.99
Romaine Lettuce, Tomato, Cucumber, Monterey Jack & Cheddar Cheese	
AVOCADO SALAD	14.99
Avocado, Carrots, Romaine Lettuce, Tomato, Cucumbers, Olives, Red Onions, Shredded Jack & Cheddar Cheese	
CAESAR SALAD	9.99
Crunchy Croutons & Our Caesar Dressing	
ASIAN MANDARIN CHICKEN SALAD	14.99
Mixed Greens, Grilled Chicken, Asian Noodles & Mandarin Oranges	
GREEK SALAD	12.99
Romaine Lettuce, Feta Cheese, Kalamata Olives, Anchovies, Tomato, Cucumber & Peppers	
NEW GRILLED PORTOBELLO MUSHROOM SALAD	12.99
Romaine Lettuce, Tomatoes, Cucumbers, Onions, Roasted Peppers & Fresh Mozzarella	
NEW FIESTA SALAD	10.99
Romaine Lettuce, Roasted Corn, Black Beans, Grape Tomatoes, Black Olives, Shredded Cheddar Jack Cheese, Tortilla Strips, Served with Spicy Ranch Dressing	
NEW PROTEIN SALAD	10.99
Chickpeas, Hard Boiled Egg, Gorgonzola Cheese, Kalamata Olives, Tomato Wedges, Red Onion, Romaine Lettuce Served with Balsamic Vinaigrette	

SALAD ADD ON EXTRAS:

- Sliced Turkey 4.99 • Grilled Chicken Breast 4.99 •
- Gyro Strips 4.99 • Grilled Shrimp 9.99 •
- Avocado M/P • Grilled Salmon 9.99 •
- Sliced Steak 9.99 • Chick Peas 1.99 •

DIET DELIGHTS

CALIFORNIA SALAD ... 13.59

Fresh Fruit Salad, Cottage Cheese & Jell-O On Crisp Lettuce

FRESH FRUIT PLATTER

Served on a Bed of Lettuce with Fresh Fruit Salad:

with Beef Burger	12.99	with Turkey Burger	12.99
with Bison Burger	16.99	with Sliced Turkey	13.99
with Grilled Chicken..	13.99	with Veggie Burger ..	12.99

NAUTILUS SLIM-LINE

Cottage Cheese served on a Bed of Lettuce with Tomato Slices, Hard Boiled Egg, Scallions, Peppers, Cucumbers & Olives

with Beef Burger	12.99	with Turkey Burger	12.99
with Bison Burger	16.99	with Sliced Turkey	13.99
with Grilled Chicken..	13.99	with Veggie Burger ..	12.99

7 oz JUMBO BURGERS

Served on a Toasted Bun with Cole Slaw and Pickle

DELUXE BURGERS

Served with French Fries, (2) Onion Rings, Lettuce & Tomato

1.99 Extra for Waffle Fries or Sweet Potato Fries on Deluxe Platters instead of French Fries

	REGULAR	DELUXE
JUMBO BEEFBURGER.....	6.99	10.99
JUMBO CHEESEBURGER with American Cheese	7.99	11.99
TWIN BEEFBURGER	17.99	
TWIN CHEESEBURGER	18.99	
TURKEY or VEGGIE BURGER	6.99	10.99
TURKEY or VEGGIE CHEESEBURGER	7.99	11.99
BISON BURGER	10.99	14.99
BISON CHEESEBURGER	11.99	15.99
TWIN BISON BURGER	16.99	20.99
TWIN BISON CHEESEBURGER	17.99	21.99

Create Your Own Burger (Item Priced Per Burger)

Bacon 1.59 Extra • Tomato .79 Extra • Avocado M/P Extra
Mushrooms 1.49 Extra • Fried Onions .99 Extra
Cheddar, Swiss, Pepper Jack or Mozzarella Cheese on Cheeseburgers .40 Extra



SPECIALTY BURGERS

Served Deluxe with French Fries, Onion Rings, Lettuce, Tomato, Cole Slaw and Pickle

BLEU BURGER with Bleu Cheese.....	13.99
GREEK BURGER with Feta Cheese.....	13.99
CHILI CHEESEBURGER	13.99
PORTABELLA BURGER	14.99
PATTIE-MELT	13.99
on Grilled Rye Bread with Grilled Onions and Swiss Cheese	
THE LONE STAR BURGER	13.99
Peppers, Onions and Cheddar Cheese	
PIZZA BURGER Melted Mozzarella and Marinara Sauce ..	13.99
MUSHROOM & CHEDDAR BURGER	13.99
PASTRAMI & SWISS BURGER	14.99
AVOCADO BURGER with Jack & Cheddar Cheese.....	14.99
HICKORY BURGER	13.99
Canadian Bacon, Cheddar Cheese & BBQ Sauces	
BULLS EYE BURGER	14.99
Canadian Bacon & Cheddar Cheese, Topped with a Fried Egg	
MEMPHIS BURGER	14.99
Jumbo Beef Burger, topped with Cheddar Cheese, and Slow Roasted BBQ Pulled Pork	
ITALIAN BURGER	14.99
with fresh Mozzarella Cheese, Pesto, & Roasted Peppers	
NEW CUBAN BURGER with Grilled Ham & Swiss.....	14.99
ST. LOUIS BURGER	14.59
Fried Mushroom & Onion with Mozzarella and Cajun Spices	
NEW DOUBLE DOWN BURGER On a Kaiser Roll.....	18.99
Two Patties with Fried Onions, Bacon and American Cheese	
NEW CHORIZO BURGER	14.59
Beef Burger, Jack Cheddar, Chorizo & Fried Onions with Chipotle Mayo	
NEW MEXICAN PEPPER JACK BURGER	13.99
with Melted Pepper Jack Cheese, topped with Guacamole & Salsa	

SOUVLAKI DELUXE

Served on Pita Bread with Yogurt Sauce, French Fries and Greek Salad

1.99 Extra for Waffle Fries or Sweet Potato Fries on Deluxe Platters Instead of French Fries

CHICKEN SOUVLAKI ... 14.99 PORK SOUVLAKI ... 13.99

GYRO DELUXE or CHICKEN GYRO DELUXE - 13.99

Served in Pita Bread with Cucumber, Tomato, Onion & Feta Cheese with French Fries & Yogurt Sauce

COLD SALAD PLATTERS

Salad Platters are served on Crisp Lettuce with Sliced Tomatoes, Cucumbers, Sliced Hard Boiled Egg, Scallions, Cole Slaw and Homemade Potato Salad

CHOPPED EGG SALAD PLATTER	12.99
TUNA (IND.) or SALMON (IND.)	13.99
TUNAFISH SALAD or DICED CHICKEN SALAD	13.99
SLICED ROAST TURKEY	13.99
DICED SHRIMP SALAD	16.99
IMPORTED SARDINES	14.99